



Welcome to Golden Laser Aesthetics, we look forward to getting to know you!

Name \_\_\_\_\_

Date: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Phone: (    ) \_\_\_\_\_ E-mail \_\_\_\_\_

Occupation: \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

**Please tell us your main concerns that brought you to our office today:**

\_\_\_\_\_

**This information is necessary for your procedure. Please answer yes or no to the following questions:**

YES   NO

- Are you using any prescribed medications? List \_\_\_\_\_
- Are you currently under the care of a physician? If yes, please explain: \_\_\_\_\_
- Do you take oral anti-coagulant (blood thinning) medication? List \_\_\_\_\_
- Have you/are you currently using Accutane or Isotretinoin? If yes, when? \_\_\_\_\_
- Are you allergic to any ingredients, medications or foods? List \_\_\_\_\_
- Are you pregnant, trying to become pregnant or nursing?
- Do you use oral contraceptives?
- Do you use hormone replacement therapy?
- Do you smoke?    How much? \_\_\_\_\_ How long? \_\_\_\_\_
- Do you spend a lot of time outdoors or use a tanning bed often?

Please check any conditions, past or present:

- Arthritis                       Hepatitis                       Diabetes                       Cold Sores/Herpes                       HIV
- Melasma/Pigmentation    Heart problems                       PCOS                       Autoimmune (lupus, scleroderma)
- Cancer                       Other: \_\_\_\_\_

In addition to the above, please tell us which skin conditions concern you the most (Check all that apply):

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Uneven skin tone | <input type="checkbox"/> Redness            | <input type="checkbox"/> Broken capillaries    |
| <input type="checkbox"/> Enlarged pores   | <input type="checkbox"/> Clogged pores      | <input type="checkbox"/> Blackheads/Whiteheads |
| <input type="checkbox"/> Acne/pimples     | <input type="checkbox"/> Excessive oiliness | <input type="checkbox"/> Saggy Skin            |
| <input type="checkbox"/> Upper lip lines  | <input type="checkbox"/> Wrinkles           | <input type="checkbox"/> Scarring              |
| <input type="checkbox"/> Sun Spots        | <input type="checkbox"/> Dry patches        | <input type="checkbox"/> Unwanted Hair         |
| <input type="checkbox"/> Sun Damage       | <input type="checkbox"/> Brown spots        | <input type="checkbox"/> White spots           |
| <input type="checkbox"/> Spider Veins     | <input type="checkbox"/> Rosacea            | <input type="checkbox"/> Sensitive Skin        |

What is your skin type:     Dry             Combination             Oily             Normal

Please check the products you currently use:

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Cleanser _____    | <input type="checkbox"/> Soap _____        | <input type="checkbox"/> Toner _____        |
| <input type="checkbox"/> Moisturizer _____ | <input type="checkbox"/> Night Cream _____ | <input type="checkbox"/> Mask _____         |
| <input type="checkbox"/> Eye cream _____   | <input type="checkbox"/> Astringent _____  | <input type="checkbox"/> Glycolic Cleanser  |
| <input type="checkbox"/> Scrub _____       | <input type="checkbox"/> Sunscreen _____   | <input type="checkbox"/> Salicylic Cleanser |
| <input type="checkbox"/> Vitamin A/Retin A | <input type="checkbox"/> Vitamin C         | <input type="checkbox"/> Growth Factor      |

Are you using any prescription topical creams, lotions or oral antibiotics?    Yes    No

Have you ever had any of the following injections, fillers or treatments:

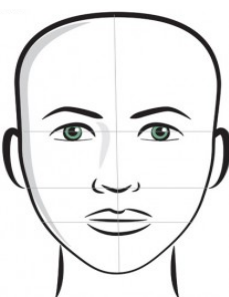
- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Collagen      | <input type="checkbox"/> Botox/Dysport/Xeomin           | <input type="checkbox"/> Juvederm/Filler  |
| <input type="checkbox"/> Facial        | <input type="checkbox"/> Threading                      | <input type="checkbox"/> Cosmetic Surgery |
| <input type="checkbox"/> Chemical Peel | <input type="checkbox"/> Microdermabrasion/Dermaplaning | <input type="checkbox"/> MicroNeedling    |
| <input type="checkbox"/> Lasers        | <input type="checkbox"/> Other: _____                   |   |

Are you currently removing hair by any of the following methods?

- Waxing     Tweezing     "Nair" type products     Electrolysis     Laser Hair Removal

**\*I certify that the above information is correct to the best of my knowledge.**

**Patient's Signature** \_\_\_\_\_

<b>Office Use:</b>	
	<b>Notes:</b>

# Skin Typing Worksheet

**PATIENT NAME:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

Please answer the following questions by circling the number which best describes you. Your clinician will total the score during the consultation.

- My ethnic origin is closest to:** (Circle one)
- I. Very fair (Celtic and Scandinavian)..... 0
  - II. Fair-skinned Caucasians with light hair and light eyes..... 1
  - III. Pale-skinned Caucasians with dark hair and dark eyes..... 2
  - IV. Olive-skinned (Mediterranean, some Asian, some Hispanic)..... 3
  - V. Dark-skinned (Middle Eastern, Hispanic, Asians, some Africans)..... 4
  - VI. Very dark-skinned (African)..... 5

- My eye color is:**
- Light Blue ..... 0
  - Blue/Green ..... 1
  - Green/Gray/Golden ..... 2
  - Hazel/Light Brown ..... 3
  - Brown ..... 4

- My natural hair color at Age 18 was:**
- Red ..... 0
  - Blonde ..... 1
  - Light Brown ..... 2
  - Dark Brown ..... 3
  - Black ..... 4

- The color of my skin that is not normally exposed to the sun is:**
- Pink to Reddish ..... 0
  - Very Pale ..... 1
  - Pale with a Beige tint ..... 2
  - Light Brown ..... 3
  - Medium to Dark Brown ..... 4
  - Dark Brown/Black ..... 6

- If I go out into the sun for an hour or so without sunscreen and have not been out in the sun for weeks, my skin will:**
- Burn, blister and peel ..... 0
  - Burn, when the burn resolves there is little or no change ..... 1
  - Burn, but turns to tan in a few days ..... 2
  - Get pink, but turns to tan quickly ..... 3
  - Just tan ..... 4
  - Just gets darker ..... 5
  - My skin color is so dark I can't tell ..... 6

- When was the last time the area to be treated was exposed to natural sunlight, tanning booths or artificial tanning cream?**
- Longer than one month ago ..... 0
  - Within the past month ..... 1
  - Within the past two weeks ..... 3
  - Within the past weeks ..... 4

**TOTAL SCORE**

If your score is:	Your skin type is:	Notes:
0-3	Skin Type I	
4-7	Skin Type II	
8-11	Skin Type III	
12-15	Skin Type IV	
16-19	Skin Type V	
20-24	Skin Type VI	